

CERTIFICATE OF PARTICIPATION

This is to certify that

Raul Ferreira

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:02:49

PACE 07:51/km
OVERALL 11 of 166

GENDER 9 of 78
OPEN 6 of 40

23 June 2019, Sun

Date



BoutTime

Signature

